

Lou Hamilton

Director/Writer

Agent: Christina Pickworth
christina@imaginetalent.co.uk
+44 (0)7876 685515



Lou Hamilton is an award-winning documentary filmmaker, podcast host of Brave New Girl, author of Brave New Girl – How to be Fearless, and an artist with a professional public art practice.

Lou believes in the power of creativity for positive social change and that we all rise by lifting others. The nature of her film work has included Terminal Illness (she co-wrote, directed and produced a BAFTA-winning documentary series “DEATH” for Channel 4, which was nominated for the Royal Television Society Awards and the Broadcast Awards), PTSD in soldiers, literacy in India, and Women in War.

Her weekly podcast invites women to share how they have found courage through all of the messiness of life and work. Subject matters include black identity in art, transgender sizing in the fashion industry, rape, adoption, mental health, vaginal health, sexual violence as a weapon of war, ageing well, menopause etc.

Lou’s dream is to turn the podcast into a documentary series about real life Brave New Girls. In the meantime she directs charity films and commercials.

For more on Lou: www.createlabfilms.co.uk

PODCAST

BRAVE NEW GIRL
(creator/host)

Weekly podcast inviting women to share how they have found courage through all the messiness of life and work.

DOCUMENTARIES

CALL OF THE MAESTRO
(director/writer)

Feature Documentary – Indian Classical Music as a dying art in a country in flux between the ancient and modern.
*WINNER Best Feature Documentary – The Moondance International Film Festival.
*WINNER Best Director Feature Documentary – World Music & Independent Film Festival Washington.
*WINNER Best Humanitarian Screenplay – Monaco International Film Festival.
*Nominated Best Feature Documentary – Women’s Film Festival Miami.
*Nominated Best Cultural Spirit Award, Best Documentary – New Hope International Film Festival USA.
*Nominated Best Documentary Feature, Best Director Music Documentary, Best Screenplay, Best Original Music – World Music & Independent Film Festival Washington DC.

BEING MARTIN
(director)

Short documentary about Martin Symons’ final challenge in an off-road electric wheelchair while being kept alive on a ventilator at night.
*WINNER Best Humanitarian Short Documentary at Monaco International Film Festival.
*WINNER Best Short Narrative at Monaco International Film Festival.
*WINNER Best Short Documentary at Moondance International Film Festival Colorado.

PRATHAM
(director/writer)

Short documentary-drama set in the municipal dumps and slums of India; this is the story of a UNICEF charity striving to educate the nation's poorest children. Helped raise £2.3million.
Screened at Final Cut Brighton.
Exhibited on multi-screens at Houses of Parliament.

A BRUTAL PEACE
(director/writer)

Feature documentary – shot over a year about the effects of Post Traumatic Stress Disorder on returning servicemen and women and their families.
Spanning three generations from D-Day to Iraq.
Screened at World Congress for Traumatic Stress, Argentina.

THE UK MUSIC HALL OF FAME
(director/writer)

Decade films: 1990s, 1970s, 1950s and biographies on Bruce Springsteen and George Michael. Channel 4.

THE A LIST: NICOLE KIDMAN
(director/writer)

One hour documentary for APTN and LBBC.

DEATH
(director/writer)

Five part series following 12 people over 3 years dying of terminal illness.
Made by Quality Time Television for Channel 4.
*WINNER BAFTA TV Award.
*FINALIST Best Documentary Series of the Year for Broadcast Awards.
*FINALIST Best Documentary Series Royal Television Series Awards.

SHORTS

ANGIE
(writer/director)

Short drama – A young woman learns her soldier girlfriend is killed on tour.
*Moondance international film festival
*WINNER Monaco International Angel Film Awards - Best Supporting Actress & Best Ensemble Cast 2012
*Short Film Corner Cannes 2013
*Cineffable International Feminist Film Festival 2013 (invited)
*Women's International Film Festival Seoul, Korea 2014 (invited)

DESIRE OF THE PITBULL WARRIOR
(director/writer)

Short drama starring Carla Mendonca and Shaun Rivers. Composer Didier Recloux.
*WINNER Best Newcomer Short Fiction Film at Monaco International Film Festival Angel Film Awards.
*WINNER Best Short Fiction Film at the Moondance International Film Festival.

CAN YOU SEE ME?
(director)

Short film.
*WINNER Best Short Film (Musical Fiction) at the Moondance International Film Festival.

HOODED SMILE
(director/writer)

Short B&W 8mm artist film – a young hoodie tramps the streets making people smile.
Rushes Short Film Festival London.
Straight 8 competition.
Screened on open-air BBC Big Screen.

THE EMPEROR
(director/writer)

Short drama about an ex-soldier with Post-Traumatic Stress.
Showcased at Swindon Film Festival.

GREEN INDIANS
(director/writer)

Short film on the life and suicide of 80s drummer Kevin Wilkinson.
The Other Cinema with Feature at Raindance Film Festival.

MILLENNIUM DANCE
(director/writer)

Artist Film using images of Swindon for Swindon National Dance Agency.
Projected as part of the performance at Millennium Dome 2000.

SPACEWALK
(director/writer)

Short artist film about a woman astronaut who never made it to the moon.
*RUNNER UP David Altshul Award for Creative Excellence.

SHOAL 101
(director/writer)

Short artist film about female MP Julia Drown and the possibilities now 101 female MPs were in power.
Broadcast on Central/Carlton TV.
*RUNNER UP and SPECIAL COMMENDATION for David Altshul Award for Creative Excellence.

SHAFTED
(director/writer)

Short artist film – raised questions about CCTV and its implications for women in public spaces. Screened at Kinofilm International Film Festival.

SHORT CIRCUIT
(director/writer)

Artist film – explored dilemmas of women who are making choices about work and children.
Commissioned by Southern Arts as part of Transmissions Digital Arts Festival.

SILENT VOICES
(director/writer)

Large scale multi-media event using projected video, photographs, sound and performance. 400 women and women's groups speaking out. Their responses were projected as video onto 40ft screens. Funded by London Arts Board.
